

# Men's Health Packages

## Men's Harmony (Below 40 years old)

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations\*
- Urine FEME
- Resting ECG
- Ultrasound of Abdomen & Pelvis
- Chest X-Ray
- Dietitian Assessment
- Medical Report

**RM988**

## Men's Wellness (40-49 years old)

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations\*
- Urine FEME
- Resting ECG
- Pulmonary Function Test
- Body Composition Analysis\*\*
- Fecal Occult Blood Test
- Ultrasound of Abdomen & Pelvis
- Chest X-Ray
- Dietitian Assessment
- Medical Report

**RM1,068\*\***

\*\*Upgrade to Premium Bone Mineral Density for only RM250

## Men's Vitality (50 years old and above)

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations\*
- Urine FEME
- Resting ECG
- Pulmonary Function Test
- Body Composition Analysis\*\*
- Fecal Occult Blood Test
- Ultrasound of Abdomen & Pelvis
- Chest X-Ray
- Dietitian Assessment
- Medical Report

**RM1,168\*\***

\*\*Upgrade to Premium Bone Mineral Density for only RM250

*\*Blood Investigations :*  
Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO&Rh), Liver Function Test, Kidney Function Test, Lipid Profile, Hepatitis B Screening, Thyroid Stimulating Hormone(TSH), HbA1c

*For Men's Vitality package, Blood Investigations include:*  
AFP (Liver Cancer), CEA (Colon Cancer), CA 19.9 (Pancreatic Cancer) and PSA

*Complimentary refreshments are provided*