



GOLD Health Screening Packages

Harmony (Below 40 years old)

• For Men Only • For Women Only

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations*
- Urine FEME
- Resting ECG

- Ultrasound of Abdomen & Pelvis
- Chest X-Ray
- Dietitian Assessment
- Medical Report
- Urine Pregnancy Test
- Ultrasound of Breast

MYR
1,087

MYR
1,131**

**Optional screening assessment for MYR 65.70

Wellness (40-49 years old)

• For Men Only • For Women Only

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations*
- Urine FEME
- Resting ECG
- Pulmonary Function Test
- Fecal Occult Blood Test

- Ultrasound of Abdomen & Pelvis
- Body Composition Analysis**
- Chest X-Ray
- Dietitian Assessment
- Medical Report
- Urine Pregnancy Test
- Breast Mammogram (2D)***

MYR
1,175**

MYR
1,175**

**Upgrade to Premium Bone Mineral Density for only MYR 250

***Upgrade to 3D Mammogram for only MYR 250

Vitality (50 years old and above)

• For Men Only • For Women Only

- Consultation by Health Screening Doctor
- Vision Test
- Vital Sign and Anthropometry
- Blood Investigations*
- Urine FEME
- Resting ECG
- Pulmonary Function Test

- Body Composition Analysis**
- Fecal Occult Blood Test
- Ultrasound of Abdomen & Pelvis
- Chest X-Ray
- Dietitian Assessment
- Medical Report
- Breast Mammogram (2D)***

MYR
1,285**

MYR
1,285**

**Upgrade to Premium Bone Mineral Density for only MYR 250

***Upgrade to 3D Mammogram for only MYR 250

**Add-on: Conventional Pap Smear for MYR 65.70, Liquid-Based Cytology Pap Smear for MYR 92.20

*Blood Investigations:

Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO&Rh), Liver Function Test, Kidney Function Test, Lipid Profile, Hepatitis B Screening, Thyroid Stimulating Hormone(TSH), HbA1c

For MEN'S VITALITY package, Blood Investigations include:

Alpha Fetoprotein (AFP) - Liver Cancer, Carcinoembryonic Antigen (CEA) - Colon Cancer, CA 19.9 - Pancreatic Cancer, Prostate (PSA)

For WOMEN'S VITALITY package, Blood Investigations include:

Alpha Fetoprotein (AFP) - Liver Cancer, Carcinoembryonic Antigen (CEA) - Colon Cancer, CA 19.9 - Pancreatic Cancer, CA 125 (Ovarian Cancer) , CA15.3 (Breast Cancer)



Complimentary refreshments are provided

Cancer Marker for Male (Add-On): MYR 250

- Alpha Fetoprotein (AFP) - Liver Cancer
- Carcinoembryonic Antigen (CEA) - Colon Cancer
- CA 19.9 - Pancreatic Cancer
- Prostate (PSA)

Cancer Marker for Female (Add-On): MYR 250

- Alpha Fetoprotein (AFP) - Liver Cancer
- Carcinoembryonic Antigen (CEA) - Colon Cancer
- CA 19.9 - Pancreatic Cancer
- CA 125 (Ovarian Cancer) • CA15.3 (Breast Cancer)