

Basic Life Support (BLS)

Summary of the Program:

This course trains individuals to recognize and respond to life-threatening emergencies, including high-quality CPR, AED use, and choking management. It is suitable for healthcare professionals.

Objectives of the Program:

1. Understand the fundamentals of emergency response.
2. Learn and perform CPR effectively.
3. Use AEDs proficiently.
4. Manage choking across all age groups.
5. Understand the importance of the chain of survival in cardiac arrest situations.

Methodology:

A blend of theoretical and practical training, including interactive videos, hands-on practice, and assessments.

Target Participants:

Healthcare professionals, first responders.

Successful Completion:

Participants will be tested on BLS skills and a multiple-choice questionnaire. Successful candidates receive a Certificate of Competency, valid for two years, and CPD points accreditation will be available for certain professional categories.

