



CENTRE FOR
MEDICAL EDUCATION
AND TRAINING

CMET

Center For Medical Education And Training



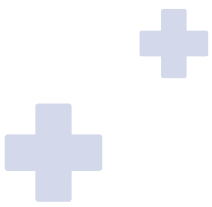
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FOR ENQUIRY



CMET (Centre of Medical Education) and Training)

The Centre for Medical Education and Training (CMET) at UCSI Hospital is an international hub dedicated to advancing healthcare training without borders. It offers structured, hands-on programmes for participants worldwide, combining simulation-based learning, real-world clinical exposure, and innovative teaching approaches. Education at CMET has no limits – through online platforms, international conferences, and the mobility of our expert faculty, we bring training opportunities to healthcare professionals wherever they are.

Trainees and participants from around the world join our courses and conferences, learning directly from seasoned clinicians in a collaborative environment that emphasises clinical excellence, evidence-based practice, and global best standards.

With its strong commitment to lifelong learning, CMET equips medical students, specialists, and allied health professionals with the skills and knowledge needed to thrive in today's dynamic and interconnected healthcare landscape.

MEDICAL AND NURSING STUDENTS' ELECTIVE PLACEMENTS AND TRAINING PROGRAMMES

FELLOWSHIP PROGRAMMES

CONTINUING MEDICAL EDUCATION (CME)

WORKSHOPS AND SHORT COURSES

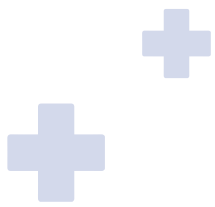
EDUCATIONAL TALKS AND COMMUNITY ENGAGEMENT

CONFERENCES

COLLABORATIONS AND PARTNERSHIPS

HEALTH MANAGEMENT AND LEADERSHIP TRAINING





CMET ADVISORS



Tan Sri Dato' Seri Dr. Haji Noor Hisham bin Abdullah

- *Chairman, UCSI Healthcare Group*
- *Resident Consultant Breast and Endocrine Surgeon*



Professor Ir Dr Jimmy Mok Vee Hoong

- *Pro Vice-Chancellor (Springhill campus)*



Dato' Peter Ng

- *Group Founder and Executive Chairman Office*
- *Chief Executive Officer, UCSI Hospital*



Dr Raj Kumar

- *Vice President of UCSI Group Strategy Office*



Professor Emeritus Datuk Ts Ir Dr Siti Hamisah Binti Tapsir

- *Vice-Chancellor and President, UCSI University*
- *Board of Governors, UCSI Hospital*

CMET LEADERS



Assistant Professor Dr Deepali Sharma

- *Senior Director, Healthcare Group Strategy Office & Medical Education Centre*
- *Consultant Radiologist*



Dr. Sakthiswaran Rajasekar

- *Director of Admission*
- *Consultant Emergency Medicine Physician*



Dr. Nazmir Ikmal Bin Najibuddin

- *Director of Operations Cum Special Assistant to UCSI Healthcare Chairman*



Yogeswary Arumugam

- *Chief Nursing Officer*



Assistant Professor Dr. Jamali Bin Wagiman

- *Medical Director & Person-In-Charge Consultant Obstetrics & Gynaecology*



Anderson Yu Weng Keong

- *Director of Business Development*





GoGlobal@CMET

Global Gateway to Healthcare Education

Global Learning and Mobility Programmes

IN COLLABORATION WITH



**GLOBAL
ENGAGEMENT
OFFICE**



UCSI University®



MOBILITY PROGRAMME 2025



FELLOWSHIP IN BREAST AND ENDOCRINE SURGERY

The fellowship programme offers advanced surgical training for surgeons seeking specialised expertise in breast and endocrine disorders. Over a duration of six months to one year, fellows will gain hands-on experience in complex surgical procedures, multidisciplinary care and the latest innovations in oncologic and endocrine surgery. The programme combines clinical practice, research and leadership development, making it ideal for surgeons aiming to become leaders in breast and endocrine surgery.

COURSE HIGHLIGHTS

Participants will develop specialised surgical skills and clinical expertise through:

- Advanced breast and endocrine surgical techniques
- Multidisciplinary case management and tumour board participation
- Research and academic project involvement
- Leadership and mentorship opportunities
- Exposure to cutting-edge surgical technologies and protocols

LEARNING METHODS

- Clinic, ward work and operative training
- Multidisciplinary team meetings
- Research mentorship and scholarly activities
- Case presentations and journal clubs
- Regular performance reviews and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Placement in hospital
- Hands-on training
- *Subject to compliance with local medical council regulations*
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



FELLOWSHIP IN HYBRID MOLECULAR IMAGING AND DIAGNOSTIC ONCOLOGY

This one-year fellowship programme offers comprehensive training designed to develop expertise in advanced imaging techniques and oncologic diagnostics. Jointly certified by UCSI Hospital and Pusat Perubatan Diagnostik Nuklear, Universiti Putra Malaysia, the programme combines six months of online theoretical learning with six months of face-to-face clinical training. Fellows will gain hands-on experience in PET-CT, SPECT and molecular imaging applications in cancer diagnosis and management. This programme is ideal for radiologists, nuclear medicine physicians and diagnostic oncologists.

COURSE HIGHLIGHTS

- Participants will develop advanced imaging and diagnostic oncology skills through:
- Hybrid molecular imaging techniques and interpretation
 - Integration of imaging in oncologic patient management
 - Multidisciplinary case discussions and tumour boards
 - Research and academic project participation
 - Application of novel imaging protocols and technologies

LEARNING METHODS

- Online modules with lectures and assessments
- Face-to-face supervised practice
- Hands-on training with PET-CT, SPECT, and molecular imaging systems
- Participation in multidisciplinary meetings and case presentations
- Research mentorship and journal club sessions
- Performance evaluations and certification

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Placement in Nuclear Medicine Centre
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



1-YEAR MBA (HEALTHCARE AND HOSPITAL MANAGEMENT)

This one-year, full-time MBA is a specialised postgraduate programme designed to develop future leaders in the healthcare sector. Offered collaboratively by UCSI University’s Graduate Business School, Faculty of Medicine and Health Sciences and UCSI Hospital, the programme combines core business disciplines with healthcare-specific management practices. It prepares clinicians, healthcare professionals and executives to lead hospitals, health systems and medical enterprises with strategic vision and operational excellence.

COURSE HIGHLIGHTS

Participants will develop leadership and strategic management skills through:

- Healthcare operations and hospital administration
- Financial and human resource management in healthcare settings
- Health policy, ethics and regulatory frameworks
- Quality improvement and patient safety systems
- Strategic planning and innovation in healthcare delivery

LEARNING METHODS

- Interactive lectures by healthcare and business experts
- Case studies and real-world problem-solving
- Capstone healthcare management projects
- Industry engagement and networking sessions
- Group work and peer collaboration
- Assessments through projects, presentations and written exams

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Hospital and healthcare facility visits
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



2-DAY ULTRASOUND COURSES

This two-day programme at UCSI Hospital is designed for healthcare professionals seeking practical skills in diagnostic ultrasound. The programme combines focused lectures with hands-on scanning sessions using real patients and phantoms. Participants will gain proficiency in image acquisition, interpretation and clinical application. It is ideal for healthcare professionals aiming to enhance their point-of-care diagnostic capabilities. The programme offers various ultrasound courses, including Abdominal Ultrasound, Breast and Thyroid Ultrasound, Obstetrics and Gynaecology Ultrasound, Emergency Ultrasound, Vascular Ultrasound and Musculoskeletal Ultrasound.

COURSE HIGHLIGHTS

Participants will develop ultrasound competence and clinical application through:

- Focused anatomy and scanning lectures
- Hands-on sessions with real patients and phantoms
- Supervised practice with ultrasound machines
- Case-based image interpretation
- Safe and effective scanning techniques

LEARNING METHODS

- Interactive lectures
- Live demonstrations
- Small-group hands-on training
- Supervised scanning stations
- Case review discussions
- Post-course assessment and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Hands on training on patients
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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PROFESSIONAL CERTIFICATE IN MEDICAL SONOLOGY

The Professional Certificate in Medical Sonology provides structured training in diagnostic ultrasound for medical practitioners. The programme combines theoretical knowledge with hands-on scanning practice, enabling participants to perform and interpret common ultrasound examinations confidently and competently.

COURSE HIGHLIGHTS

Participants will develop diagnostic imaging skills thorough:

- Mastering basic and advanced ultrasound scanning techniques.
- Understanding image optimisation, anatomy, and artefact recognition.
- Interpreting ultrasound findings across key organ systems.
- Applying sonography in emergency and clinical decision-making.

LEARNING METHODS

- Expert-led lectures and live demonstrations.
- Supervised hands-on ultrasound practice sessions.
- Case-based clinical image reviews.
- Simulated and real-patient training environments.
- Continuous feedback and competency-based evaluation.

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses



MOBILITY PROGRAMME 2025



2-DAY PAEDIATRIC ADVANCED LIFE SUPPORT (PALS) COURSE

This course is tailored for healthcare professionals managing critically ill infants and children. It trains participants to recognise and respond to paediatric cardiopulmonary emergencies using evidence-based protocols. Emphasis is placed on high-performance team dynamics, effective communication and hands-on resuscitation. It is ideal for doctors, nurses and emergency care providers.

COURSE HIGHLIGHTS

- Participants will develop critical paediatric emergency response skills through:
- Systematic assessment of paediatric patients
 - Recognition and treatment of respiratory failure and shock
 - Paediatric cardiac arrest management
 - Team leadership and communication in emergencies
 - Application of AHA PALS algorithms and best practices

LEARNING METHODS

- Simulation-based resuscitation scenarios
- Instructor-led lectures and skill stations
- Hands-on practice with paediatric mannequins
- Group discussions and case reviews
- Real-time performance feedback
- Structured assessments

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
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MOBILITY PROGRAMME 2025



2-DAY NEONATAL RESUSCITATION PROGRAMME (NRP)

This programme prepares healthcare providers to perform life-saving interventions for newborns immediately after birth. It covers initial assessment, ventilation, chest compressions and advanced neonatal resuscitation techniques. Practical skills are reinforced through simulation-based learning. The course is designed for doctors, nurses and midwives involved in labour, delivery and neonatal care.

COURSE HIGHLIGHTS

Participants will develop essential neonatal resuscitation competencies through:

- Initial steps of newborn care and rapid assessment
- Positive pressure ventilation and airway management
- Chest compressions and medication use
- Identification of high-risk deliveries and pre-resuscitation planning
- Team-based approach to neonatal emergencies

LEARNING METHODS

- Hands-on simulation with neonatal mannequins
- Interactive modules and video-based learning
- Instructor-led demonstrations and practice sessions
- Case-based discussions and debriefing
- Individual skills testing and performance evaluations

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

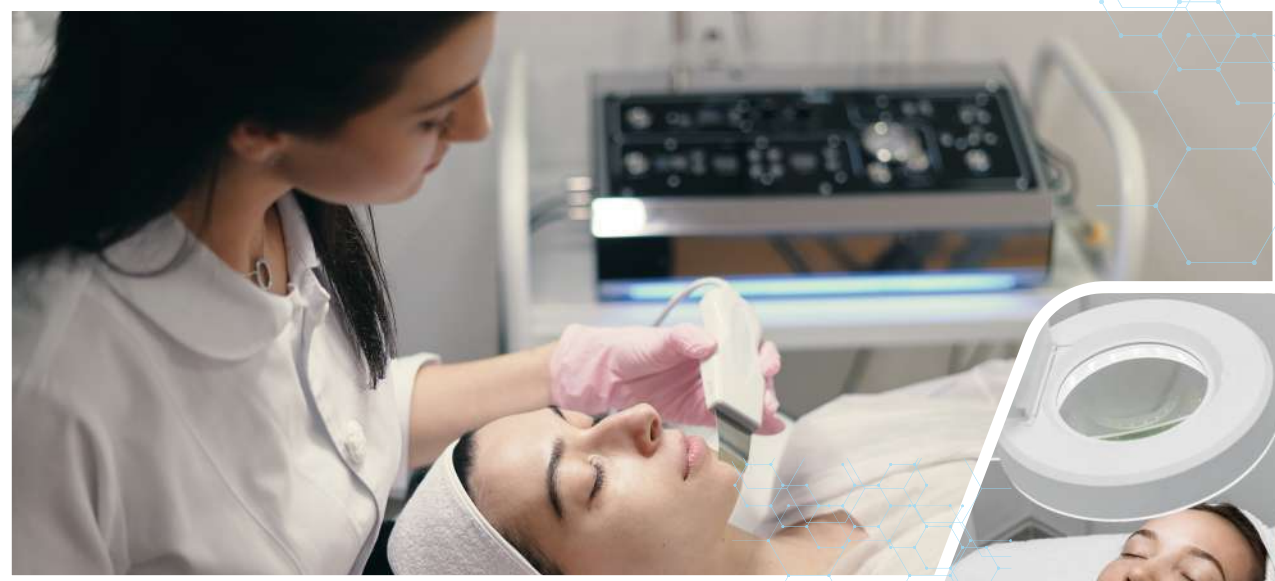
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PROFESSIONAL CERTIFICATE IN MEDICAL AESTHETICS

The Professional Certificate in Medical Aesthetics offers comprehensive training for medical practitioners seeking to develop safe, evidence-based aesthetic practice. It combines theoretical grounding with extensive hands-on workshops to ensure competency in both facial and body aesthetic procedures.

COURSE HIGHLIGHTS

Participants will develop aesthetic practice skills through:

- Learning principles of skin anatomy, ageing, and patient assessment.
- Mastering injection techniques for botulinum toxin and dermal fillers.
- Gaining proficiency in laser, chemical peel, and energy-based modalities.
- Understanding complication management and patient safety protocols.
- Building clinical and business acumen in aesthetic medicine practice.

LEARNING METHODS

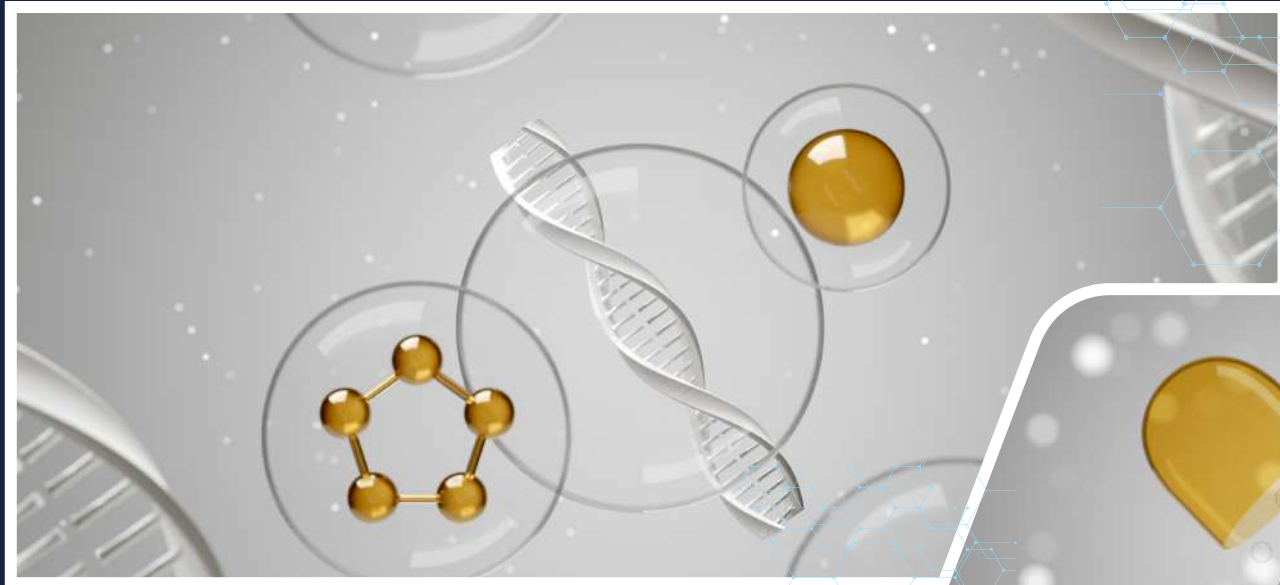
- Didactic lectures by certified aesthetic physicians.
- Live demonstrations
- Step-by-step procedural training.
- Interactive case discussions and peer feedback sessions.
- Portfolio-based assessment and practical evaluation.

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses





PROFESSIONAL CERTIFICATE IN REGENERATIVE MEDICINE

The Professional Certificate in Medical Aesthetics offers comprehensive training for medical practitioners seeking to develop safe, evidence-based aesthetic practice. It combines theoretical grounding with extensive hands-on workshops to ensure competency in both facial and body aesthetic procedures.

COURSE HIGHLIGHTS

Participants will develop advanced biomedical skills through:

- Understanding stem cell biology, tissue repair, and regenerative mechanisms.
- Exploring therapeutic applications in orthopaedics, dermatology, and neurology.
- Learning laboratory and clinical protocols for regenerative therapies.
- Evaluating safety, ethics, and regulatory compliance in regenerative practice.
- Translating research findings into clinical innovation and patient care.
- Online Distance Learning Course available.

LEARNING METHODS

- Lectures by leading regenerative medicine experts.
- Laboratory demonstrations and hands-on workshops.
- Case-based clinical and translational research discussions.
- Review of current literature and emerging technologies.
- Capstone project or presentation on regenerative therapy applications.

FEES INCLUDE:

- Accommodation
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- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

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PROFESSIONAL CERTIFICATE IN HEALTHY AGING

The Professional Certificate in Healthy Aging provides a comprehensive overview of the biological, psychological, and social aspects of aging. The programme equips healthcare professionals with knowledge and practical approaches to promote longevity, vitality, and quality of life through preventive, lifestyle, and evidence-based interventions.

COURSE HIGHLIGHTS

Participants will develop holistic care skills through:

- Understanding the science of aging and age-related physiological changes.
- Assessing health risks and implementing preventive strategies.
- Designing nutrition, exercise, and lifestyle plans for older adults.
- Managing chronic diseases and promoting functional independence.
- Integrating psychosocial and community-based approaches in geriatric care.

LEARNING METHODS

- Interactive lectures and expert-led seminars.
- Case-based discussions on aging-related conditions.
- Practical workshops on nutrition, exercise, and wellness planning.
- Simulation and role-play in elderly care scenarios.
- Guided project or reflective portfolio on healthy aging strategies.
- Online Distance Learning Course available.

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses



MOBILITY PROGRAMME 2025



MEDICAL STUDENT PLACEMENT AND ELECTIVE PROGRAMME

This one-month clinical attachment programme at UCSI Hospital offers medical students hands-on clinical exposure across wards, outpatient clinics and operating theatres. Participants engage in supervised learning, case discussions, procedural observations, journal clubs and research projects. The programme is designed to enhance clinical reasoning, communication skills and professionalism. It is open to both local and international medical students.

COURSE HIGHLIGHTS

Participants will develop clinical competence and professional growth through:

- Clinical rotations in wards, clinics and operating theatres
- Bedside teaching and case discussions
- Exposure to diagnostic procedures
- Involvement in journal clubs and research activities
- Participation in multidisciplinary team meetings

LEARNING METHODS

- Ward-based supervised learning
- Consultant-led teaching sessions
- Clinic and OT shadowing
- Case presentations
- Journal club participation
- Research project involvement
- Reflective practice and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Placement in hospital and clinics
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



NURSING STUDENT PLACEMENT PROGRAMME

This two-week to one-month programme at UCSI Hospital offers hands-on clinical experience across medical, surgical and specialty units. Students are guided by registered nurses and clinical instructors in real patient care settings. The programme aims to enhance clinical skills, critical thinking and patient-centred care, supporting a smooth transition from classroom learning to professional practice. (2 weeks – 1 month)

COURSE HIGHLIGHTS

Participants will develop clinical proficiency and compassionate care through:

- Rotations in diverse hospital departments
- Supervised patient care activities
- Skill-based procedures and documentation
- Effective communication with patients and teams
- Exposure to ethical and professional standards

LEARNING METHODS

- Bedside teaching and mentoring
- Clinical skill demonstrations
- Patient care assignments
- Nursing rounds and handovers
- Simulation-based learning
- Reflective journaling and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Clinical placement in hospital and clinics
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



1-DAY BASIC LIFE SUPPORT COURSE FOR MEDICAL PROFESSIONALS

Tailored for medical professionals seeking certification or refresher training in life-saving skills, this course covers high-quality CPR, use of AED and emergency response for adults, children and infants. Emphasis is placed on hands-on practice through simulated scenarios. The course meets current international resuscitation guidelines and is ideal for clinical readiness.

COURSE HIGHLIGHTS

Participants will develop emergency response skills and clinical confidence through:

- Mastery of CPR techniques for all age groups
- Safe and effective use of AED
- Airway management and rescue breathing
- Team-based resuscitation drills
- Rapid assessment and response to cardiac arrest

LEARNING METHODS

- Instructor-led demonstrations
- Hands-on practice with manikins
- Simulation-based scenarios
- Peer-to-peer skill assessments
- Interactive Q&A and debriefing

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



2-DAY ADVANCED LIFE SUPPORT COURSE FOR MEDICAL PROFESSIONALS

Designed for medical professionals, this course covers advanced resuscitation protocols, including airway management, rhythm recognition, defibrillation, drug administration and team dynamics during code situations. It combines theory with intensive hands-on simulations and aligns with current international resuscitation standards to ensure clinical excellence.

COURSE HIGHLIGHTS

Participants will develop emergency response skills and clinical confidence through:

- Mastery of CPR techniques for all age groups
- Safe and effective use of AED
- Airway management and rescue breathing
- Team-based resuscitation drills
- Rapid assessment and response to cardiac arrest

LEARNING METHODS

- Instructor-led demonstrations
- Hands-on practice with manikins
- Simulation-based scenarios
- Peer-to-peer skill assessments
- Interactive Q&A and debriefing

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



3-DAY CERTIFICATE COURSE: TRANSFORMATIONAL LEADERSHIP IN HEALTHCARE MANAGEMENT

This innovative course is designed for healthcare professionals at all stages of their careers. It equips participants with essential leadership skills to drive change, enhance patient care and improve organisational performance. The course emphasises strategic thinking, team empowerment and adaptive leadership, making it ideal for clinicians, administrators and managers seeking to lead with impact.

COURSE HIGHLIGHTS

- Participants will develop leadership capability and strategic insight through:
- Exploration of leadership styles and frameworks
 - Real-world healthcare management case studies
 - Team-based problem-solving exercises
 - Communication and conflict resolution training
 - Vision building and change management strategies

LEARNING METHODS

- Expert-led interactive lectures
- Group workshops and role-plays
- Case-based discussions
- Reflective leadership exercises
- Peer learning and networking
- Action planning for workplace application

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Hospital visit
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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GOOD CLINICAL PRACTICE (GCP) WORKSHOP

The Good Clinical Practice (GCP) Workshop equips healthcare professionals and researchers with essential knowledge and competencies to conduct clinical trials ethically and effectively. This programme aligns with ICH-GCP guidelines and regulatory standards, ensuring participant readiness for clinical research in both academic and industry settings.

COURSE HIGHLIGHTS

Participants will develop essential skills through:

- Understanding ethical and regulatory principles governing clinical trials.
- Applying GCP standards in research design and documentation.
- Ensuring participant safety and data integrity throughout the study.
- Interpreting investigator and sponsor responsibilities in clinical research.
- Recognising and managing protocol deviations and adverse events.




LEARNING METHODS

- Interactive lectures and case-based discussions.
- Real-world clinical trial scenario analysis.
- Group workshops on documentation and protocol review.
- Hands-on exercises in informed consent and data recording.
- Assessment and certification aligned with national GCP standards.

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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2-DAY CERTIFICATE COURSE: CUSTOMER SERVICE FOR HEALTHCARE PROFESSIONALS: THE FRONTLINE IMPACT

This course is designed to strengthen service excellence at the point of care. Participants will learn effective communication, empathy, complaint handling and patient engagement strategies. The course empowers frontline staff to enhance the patient experience and build trust. It is ideal for nurses, support staff and allied health professionals.

COURSE HIGHLIGHTS

Participants will develop core service and communication skills through:

- Principles of patient-centred service delivery
- Verbal and non-verbal communication techniques
- Managing patient expectations and feedback
- Conflict resolution and complaint handling
- Building trust and emotional intelligence in care

LEARNING METHODS

- Interactive lectures and real-life examples
- Role-playing and simulation exercises
- Group discussions and scenario-based learning
- Patient perspective case studies
- Reflection and peer feedback
- Practical service improvement planning

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Hospital visit
- Learning resources and materials
- Certificate of completion
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MOBILITY PROGRAMME 2025



2-DAY CERTIFICATE COURSE: BUILDING SALES SUCCESS IN HEALTHCARE

This course equips professionals with practical tools to drive sales and business growth in the healthcare sector. It covers solution selling, market analysis, client engagement and healthcare industry navigation. Ideal for those in sales, marketing or business development roles, the course blends commercial strategy with healthcare-specific insights.

COURSE HIGHLIGHTS

Participants will develop industry-specific sales expertise and strategic growth skills through:

- Healthcare market segmentation and analysis
- Consultative and solution-based selling techniques
- Client relationship and stakeholder engagement
- Sales planning, pitching and negotiation
- Strategic business development approaches

LEARNING METHODS

- Expert-led lectures and discussions
- Case studies from the healthcare industry
- Role-play and sales simulations
- Interactive group strategy sessions
- Real-world sales planning exercises
- Peer learning and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Hospital visit
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

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MOBILITY PROGRAMME 2025



5-DAY NURSING PRACTICE REFRESHER COURSE

This intensive five-day course is designed for nurses returning to clinical practice or seeking to refresh their core competencies. Participants will revisit foundational knowledge essential for safe and confident practice.

COURSE HIGHLIGHTS

- Refresher sessions in core nursing procedures and patient care
- Hands-on simulation in infection control and medication safety
- Re-orientation to updated clinical guidelines and protocols
- Professional communication and documentation workshops
- Exposure to patient safety and quality assurance practices

LEARNING METHODS

- Interactive lectures and discussions
- Practical demonstrations and skill stations
- Clinical case-based scenarios
- Group activities and peer learning
- Supervised clinical shadowing sessions

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



3-MONTH PATIENT CARE ASSISTANT CERTIFICATE

This certificate is a three-month course that prepares individuals for entry-level healthcare roles through hands-on clinical training at UCSI Hospital and clinics. It prepares individuals for caregiving roles in hospitals, clinics, nursing homes and other healthcare settings. It focuses on patient care, vital signs monitoring, safety, communication, empathy and ethical practice, enabling graduates to become skilled and compassionate caregivers.

COURSE HIGHLIGHTS

Participants will develop patient care skills with empathy and ethical practice through:

- Supervised real-world clinical placements at UCSI Hospital and medical clinics
- Interactive skills workshops and expert lecture series
- Role-playing and simulation exercises that build empathy and communication
- Ethics and professionalism modules covering patient rights, confidentiality and ethical dilemmas
- Guided self-reflection to reinforce compassionate caregiving attitudes
- Foundational knowledge of healthcare systems, roles and teamwork

LEARNING METHODS

- Hands-on clinical training
- Lectures and interactive tutorials
- Skills lab simulations
- Group discussions and case studies
- Reflective journaling and feedback

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Placement in hospital and clinics
- Learning resources and materials
- Certificate of completion
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EXCLUDES: Flight tickets and personal expenses

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5-DAY CAREGIVER CERTIFICATION AND CPR TRAINING COURSE

This five-day certification course equips participants with the essential knowledge and practical skills needed to provide safe and compassionate care to elderly or dependent individuals.

COURSE HIGHLIGHTS

- Daily care routines for elderly and dependent patients
- Basic medical and hygiene procedures in caregiving
- Safe patient handling and mobility techniques
- CPR and AED training for emergencies
- Understanding caregiver ethics, communication and stress management




LEARNING METHODS

- Hands-on training with mannequins and equipment
- Role-play and scenario-based simulations
- Demonstrations and supervised practice
- Daily reflection and Q&A sessions

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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1-DAY CERTIFICATE COURSE: HAND SCRUBBING, GOWNING AND GLOVING

This course equips medical students, nursing trainees and junior doctors with essential aseptic techniques used in the operating theatre. It focuses on correct surgical hand scrubbing, sterile gowning and gloving procedures to maintain infection control and ensure patient safety. Participants will gain confidence and competence through guided, hands-on practice. It is ideal for those preparing for clinical placements or surgical rotations.

COURSE HIGHLIGHTS

Participants will develop confidence and readiness to respond in emergencies through:

- Surgical hand hygiene and antisepsis protocols
- Sterile gowning and gloving techniques
- Understanding of sterile field maintenance
- Infection control principles in the operating theatre
- Role responsibilities during surgical preparation

LEARNING METHODS

- Live demonstration by experienced surgical staff
- Supervised hands-on practice in clinical skills lab
- Step-by-step procedural checklists
- Peer and instructor feedback
- Scenario-based assessment and skills validation

FEES INCLUDE:

- Accommodation
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- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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2-DAY FIRST AID COURSE FOR NON-MEDICAL PROFESSIONALS

This course is designed for the general public to acquire essential life-saving skills and emergency response techniques. It covers basic CPR, choking, wound care, burns, fractures and managing common medical emergencies. Practical, hands-on learning is a key focus throughout, making it ideal for workplace staff, caregivers, educators and community members.

COURSE HIGHLIGHTS

Participants will develop confidence and readiness to respond in emergencies through:

- Basic CPR and choking response
- Wound, burn and fracture management
- Recognition of common medical emergencies
- Safe scene assessment and risk minimisation
- Clear communication during emergencies

LEARNING METHODS

- Instructor-led interactive sessions
- Hands-on practice with training aids
- Role-playing emergency scenarios
- Group activities and simulations
- Visual demonstrations and safety drills

FEES INCLUDE:

- Accommodation
- Airport transfers
- Excursions
- Learning resources and materials
- Certificate of completion
- Meals and refreshments

EXCLUDES: Flight tickets and personal expenses

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1-DAY CPR COURSE FOR GENERAL PUBLIC

This course provides essential training in cardiopulmonary resuscitation (CPR) for adults, children and infants. Participants will learn how to recognise cardiac emergencies, perform effective chest compressions and use an AED safely. Emphasis is placed on hands-on practice in a supportive environment, making it ideal for parents, teachers, community responders and workplace staff.

COURSE HIGHLIGHTS

- Participants will develop life-saving skills and confidence to respond in emergencies through:
- CPR techniques for all age groups
 - Safe use of an automated external defibrillator (AED)
 - Recognition of cardiac arrest and activation of emergency response systems
 - Hands-on practice with manikins
 - Basic scene safety and supportive care skills

LEARNING METHODS

- Interactive instructor-led sessions
- Demonstrations and guided hands-on practice
- Simulation-based learning activities
- Peer-to-peer CPR skill practice
- Q&A sessions and safety discussions

FEES INCLUDE:

- Accommodation
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- Excursions
- Learning resources and materials
- Certificate of completion
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EXCLUDES: Flight tickets and personal expenses

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MOBILITY PROGRAMME 2025



2-DAY STRESS MANAGEMENT COURSE FOR THE GENERAL PUBLIC

This course is designed to help individuals understand and manage stress effectively in both personal and professional contexts. Participants will explore practical tools to handle emotional pressure, build resilience and improve overall well-being. It integrates psychology-based techniques and mindfulness practices to support long-term stress management. It is suitable for working adults, caregivers, educators and members of the general public.

COURSE HIGHLIGHTS

Participants will develop effective stress management skills and build emotional resilience through:

- Awareness of stress triggers and personal stress patterns
- Techniques for emotional regulation and self-care
- Creation of a personalised Personal Stress Toolkit
- Communication strategies to reduce interpersonal stress
- Planning for balanced and healthier daily routines




LEARNING METHODS

- Interactive workshops and group activities
- Personal reflection and journaling
- Scenario-based role plays and facilitated discussions
- Daily wellness habit planning

FEES INCLUDE:

- Accommodation
- Airport transfers
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